

Calling All Goalies!!!!

Mitchell Stingers Ringette is hosting a

Goalie Clinic

Monday, December 28, 2015

8:30 a.m. - 2:30 p.m.

Elma-Logan Arena

22 Nelson St.
Monkton, Ontario

- 3 hours on-ice instruction
- 1 hour of Off-Ice training
- 1 hour Nutrition Discussion
 - All in one day!

Head Instructor: Emily Ferguson

Waterloo Wildfire NRL team 2015-2016
Team Ontario U21 Canada Winter Games silver medalist 2015
Waterloo Belle AA team 2013-2014, 2014- 2015
Western Region AAA team 2011-2012, 2013-2014,
Ontario Winter Games silver medalist 2014
DAP for Waterloo Wildfire NRL team 2013-2014, 2014-2015
Seven Provincial medals at AA/A level
Coaching goalies for 6 years

Bring your own lunch

\$70 per person

To register,
E-mail: president@mitchellringette.com

You don't want to miss this one!